

## Activity Menu – Strategic Outreach

This table has been designed to highlight the activities (from the activity menu) that can be used with younger year groups as part of Strategic Outreach. The activities below are relevant for all URG's and all groups Y11 and upwards. Please see suitability Y7 – Y10 in the table below.

Activity	Year Group
<b>Finance and Transferable Skills</b>	
<b>Budget Busters</b> An interactive session to improve budgeting skills and understand personal money management within higher education (HE).	Year 9, 10
<b>Future Ready: Transferable Skills</b> An interactive session that helps learners develop key transferrable skills such as communication and teamwork.	Year 8, 9, 10
<b>Shaping Your Future</b>	
<b>Introduction to Workbook &amp; Self-Exploration</b> Learners are introduced to the Shaping Your Future workbook and engage in activities that support self-exploration.	Year 7, 8, 9, 10
<b>Introduction to Further Education (FE)</b> Learners gain an understanding of Further Education (FE) through activities and discussions.	Year 9, 10
<b>Introduction to Higher Education (HE)</b> Learners gain an understanding of HE through activities and discussions.	Year 10
<b>Careers and Employability</b> Learners will explore how to make decisions related to career choices and how to research their options.	Year 9, 10
<b>Study Skills</b> Through a combination of activities and discussions, learners explore their personal approach to learning and develop key study skills.	Year 9, 10
<b>Self-Care</b> Learners explore topics related to wellbeing, including stress, anxiety, and mindfulness.	Year 7, 8, 9, 10
<b>Digital skills</b>	
<b>Handling information</b> This session focuses on the potential risks related to online information and finding accurate information online.	Year 7, 8, 9, 10
<b>Communication: Online Presence</b> Learners gain insight into presenting themselves online in a professional way.	Year 7, 8, 9, 10
<b>Communication: Writing a professional email</b> Learners explore how to communicate professionally via email.	Year 7, 8, 9, 10
<b>Problem Solving</b> This session highlights various online tools and resources available to learners for problem-solving.	Year 7, 8, 9, 10
<b>Staying Safe and Legal</b> Learners will develop their understanding of the risks associated with using the internet before creating some practical plans on how to stay safe online.	Year 7, 8, 9, 10

<b>Transacting</b> Learners will develop their awareness of phishing emails, with the opportunity to put their detective skills to the test through the interactive task.	Year 7, 8, 9, 10
<b>Virtual Work Experience</b>	
<b>Construction</b> Construction knowledge, skills and focus will be developed through interactive challenges related to a fictional new housing development project.	Year 9, 10
<b>Manufacturing &amp; Engineering</b> Manufacturing & Engineering knowledge, skills and focus will be developed through interactive challenges based around the development and launch of 'Project Z' – a new product designed for the Health and Social sector.	Year 9, 10
<b>Creative &amp; Digital</b> Learners' knowledge, skills and focus will be developed through a fictional project in which they'll have to develop, advertise and launch a new app called 'Sustainable Swap'.	Year 9, 10
<b>HealthTech</b> Learners' knowledge, skills and focus will be developed through a fictional project based around the HealthTech company MT Health Solutions – a company which manufactures and trials new pharmaceutical products such as medicines and vaccines.	Year 9, 10
<b>Raising HE Awareness</b>	
<b>Higher Education: An introduction</b> Introduces learners to higher education (HE) and readiness skills.	Year 8, 9, 10
<b>Student Life</b> Gives insight into life as a HE student, incorporating real experiences.	Year 8, 9, 10
<b>Student Finance</b> Provides insight into student finance, including application process and money management tips.	Year 10
<b>Study Skills</b> Interactive session helping learners develop study skills and techniques.	Year 9, 10
<b>'How to' - Support &amp; Resources</b> Explores the available support and resources at HEPs.	Year 9, 10
<b>'How to' - Personal Statements</b> Explores personal statements, including UCAS and writing tips (adapt to college applications).	Year 10
<b>'How to' - CV's</b> Explores CV-related topics, such as presentation and writing tips. Optional CV clinic.	Year 9, 10

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