

## Activity Menu

Activity	Year Group
<b>Finance and Transferable Skills</b>	
<b>Budget Busters</b> An interactive session to improve budgeting skills and understand personal money management within higher education (HE).	Year 11, 12, 13
<b>Future Ready: Transferable Skills</b> An interactive session that helps learners develop key transferrable skills such as communication and teamwork.	Year 11, 12, 13
<b>Shaping Your Future</b>	
<b>Introduction to Workbook &amp; Self-Exploration</b> Learners are introduced to the Shaping Your Future workbook and engage in activities that support self-exploration.	Year 11, 12
<b>Introduction to Further Education (FE)</b> Learners gain an understanding of FE through activities and discussions.	Year 11, 12
<b>Introduction to Higher Education (HE)</b> Learners gain an understanding of HE through activities and discussions.	Year 11, 12
<b>Careers and Employability</b> Learners will explore how to make decisions related to career choices and how to research their options.	Year 11, 12, 13
<b>Study Skills</b> Through a combination of activities and discussions, learners explore their personal approach to learning and develop key study skills.	Year 11, 12
<b>Self-Care</b> Learners explore topics related to wellbeing, including stress, anxiety, and mindfulness.	Year 11, 12
<b>Digital skills</b>	
<b>Handling information</b> This session focuses on the potential risks related to online information and finding accurate information online.	Year 11, 12, 13
<b>Communication: Online Presence</b> Learners gain insight into presenting themselves online in a professional way.	Year 11, 12, 13
<b>Communication: Writing a professional email</b> Learners explore how to communicate professionally via email.	Year 11, 12, 13
<b>Problem Solving</b> This session highlights various online tools and resources available to learners for problem-solving.	Year 11, 12, 13
<b>Staying Safe and Legal</b> Learners will develop their understanding of the risks associated with using the internet before creating some practical plans on how to stay safe online.	Year 11, 12, 13
<b>Transacting</b> Learners will develop their awareness of phishing emails, with the opportunity to put their detective skills to the test through the interactive task.	Year 11, 12, 13

## Virtual Work Experience

<p><b>Construction</b> Construction knowledge, skills and focus will be developed through interactive challenges related to a fictional new housing development project.</p>	Year 11, 12, 13
<p><b>Manufacturing &amp; Engineering</b> Manufacturing &amp; Engineering knowledge, skills and focus will be developed through interactive challenges based around the development and launch of 'Project Z' – a new product designed for the Health and Social sector.</p>	Year 11, 12, 13
<p><b>Creative &amp; Digital</b> Learners' knowledge, skills and focus will be developed through a fictional project in which they'll have to develop, advertise and launch a new app called 'Sustainable Swap'.</p>	Year 11, 12, 13
<p><b>HealthTech</b> Learners' knowledge, skills and focus will be developed through a fictional project based around the HealthTech company MT Health Solutions – a company which manufactures and trials new pharmaceutical products such as medicines and vaccines.</p>	Year 11, 12, 13
Raising HE Awareness	
<p><b>Higher Education: An Introduction</b> Introduces learners to higher education (HE) and readiness skills.</p>	Year 11, 12, 13
<p><b>Student Life</b> Gives insight into life as a HE student, incorporating real experiences.</p>	Year 11, 12, 13
<p><b>Student Finance</b> Provides insight into student finance, including application process and money management tips.</p>	Year 11, 12, 13
<p><b>Study Skills</b> Interactive session helping learners develop study skills and techniques.</p>	Year 11, 12, 13
<p><b>'How to' - Open Days</b> Helps learners understand HE open days and how to make the most of them.</p>	Year 12, 13
<p><b>'How to' - Support &amp; Resources</b> Explores the available support and resources at HEPs.</p>	Year 11, 12, 13
<p><b>'How to' – Clearing</b> Introduces learners to the clearing process, preparing for it, and support available.</p>	Year 12, 13
<p><b>'How to' - Personal Statements</b> Explores personal statements, including UCAS and writing tips. Optional personal statement clinic.</p>	Year 12, 13
<p><b>'How to' - CV's</b> Explores CV-related topics, such as presentation and writing tips. Optional CV clinic.</p>	Year 12, 13

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